

# P R E S S E D

## BREAKFAST

*Served on bagel, croissant, or english muffin*

<b>Breakfast Sandwich</b>	<b>4.00</b>
Choice of sausage or bacon, cheese	
<b>Healthy Sandwich</b>	<b>3.50</b>
Egg white, spinach, cheese	
<b>Healthy + Sandwich</b>	<b>3.75</b>
Egg white, turkey sausage, cheese	
<b>Toasted Bagel with Cream Cheese</b>	<b>2.25</b>

## SALADS

<b>House Salad</b>	<b>3.95</b>
Bed of mixed greens, tomatoes, cucumber & red onions	
<b>Chef Salad</b>	<b>5.25</b>
Bed of mixed greens with sliced ham, turkey, cheese, tomatoes, carrots & croutons	
<b>Apple Harvest Chicken Salad</b>	<b>7.25</b>
Bed of mixed greens, sliced chicken breast, diced Granny Smith apples, walnuts, feta cheese and dried cranberries served with dressing recipe	
<b>Greek Chicken Salad</b>	<b>7.25</b>
Bed of mixed greens, sliced chicken breast, tomatoes, cucumbers, red onion and Kalamata olives tossed in a Greek vinaigrette	

## PANINIS

<b>Chicken Bacon Panini</b>	<b>7.25</b>
Chicken breast, bacon, avocado, roasted red pepper ranch dressing, and pepper jack cheese with pickle spear	
<b>Turkey and Swiss Panini</b>	<b>6.25</b>
Applewood smoked turkey, tomato, jalapeno mustard, Swiss cheese with pickle spear	
<b>Roast Beef &amp; Cheddar Cheese</b>	<b>7.00</b>
Caramelized onions, mustard dijon, cheddar cheese with pickle spear	
<b>Avocado Veggie Panini</b>	<b>6.00</b>
Portobello mushrooms, cherry tomatoes, chopped kale, avocado and melted provolone cheese	

## GRAB-AND-GO ITEMS

### SANDWICHES / WRAPS

<b>Austrian Fresh Summer Wrap</b>	<b>4.25</b>
Tomato, onions, cucumber, lettuce mix, feta cheese, Kalamata olives and Greek vinaigrette	
<b>Chicken Club Wrap</b>	<b>7.00</b>
Grilled chicken, bacon, shredded American cheese, lettuce, diced tomatoes and ranch dressing	
<b>Chicken Salad Croissant</b>	<b>5.25</b>
Croissant, grilled chicken breast, celery, lemon juice, grapes, almond slivers & mayo	
<b>Turkey Bacon Avocado Croissant</b>	<b>8.75</b>
Croissant, deli turkey breast, bacon, tomato, lettuce with a chunky avocado spread	
<b>Roast Beef and Cheese Croissant</b>	<b>7.75</b>
Seasoned roast beef topped with roasted red pepper strips, caramelized onions, romaine lettuce, tomatoes and provolone cheese	

<b>SOUP OF THE DAY</b>	<b>3.00</b>
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### EXTRAS

<b>Yogurt Parfait</b>	<b>3.25</b>
<b>Boiled Eggs (2)</b>	<b>1.00</b>
<b>Fresh Seasonal Fruit Cup</b>	<b>2.75</b>
<b>Side Salad</b>	<b>2.50</b>
<b>Cucumber Pasta Salad</b>	<b>1.75</b>
<b>Hummus and Celery Sticks</b>	<b>3.75</b>
<b>Muffins</b>	<b>2.00</b>
<b>Cookies</b>	<b>1.00</b>
<b>Assorted Daily Pastries</b>	<b>3.25</b>
<b>Chips</b>	<b>1.00</b>

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# PRESSED

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COFFEE	12oz	16oz	24oz
<b>Batch Brew</b>	2.00	2.45	2.75
<b>Espresso (2oz)</b>	2.00		
<b>Americano</b>	2.65	2.95	3.50
<b>Cappuccino</b>	3.25	3.95	4.50
<b>Latte</b>	3.25	3.95	4.50
<b>Latte with flavor</b>	3.75	4.45	5.00
<b>Mocha</b>	3.95	4.45	5.00
<b>White Mocha</b>	4.45	4.95	5.25

## EXTRA

<b>Bottled Soda</b>	2.00
<b>Bottled Water</b>	2.00

*Asst. Teas Coming Soon!*